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ACADEMIC STATUS

Since June 2006 : Full Professor, Faculty of Nursing,
Université de Montréal

Since 1995 : Researcher, CReSP (previously known as
the IRSPUM)

RESEARCH INTERESTS

Health promotion, ecological model, public health
program evaluation

SPOKEN AND WRITTEN LANGUAGES

French and English

BIRTHPLACE

Lachine, Qc

TRAINING

Postdoctoral training: Institute of Health Promotion
Research, Faculty of Graduate Studies, University of
British Columbia, (under the direction of Dr. Lawrence
W. Green), July 1993 to June 1995.

Ph.D. Community Health (Health promotion),
Université de Montréal, 1992.

M.Ps.: Psychology, Université Laval, 1986.

B.A.: Psychology, Université Laval, 1983.

SALARY AWARDS

- 2009-2013 National Scholar. Fonds de la recherche en santé du Québec [Quebec Health Research Fund] , 120 000 \$.
- 2005-2009 Research Scholar (Senior). Fonds de la recherche en santé du Québec [Quebec Health Research Fund], 238 378 \$.
- 2002-2005 Research Scholar (Junior 2). Fonds de la recherche en santé du Québec [Quebec Health Research Fund], 163 047 \$.
- 1996-2001 New Investigator Award. Medical Research Council of Canada, 250 000 \$.

PROFESSIONAL EXPERIENCE

- 2013-2017 Director, Institut de recherche en santé publique de l'Université de Montréal.
- 2010-2013 Deputy Director, Institut de recherche en santé publique de l'Université de Montréal.
- 2006- Full Professor, Faculty of Nursing, Université de Montréal.
- 2000-2006 Associate Professor, Faculty of Nursing, Université de Montréal.
- 1996-2000 Assistant Professor, Faculty of Nursing, Université de Montréal.
- 1995-1996 Assistant Professor of Research, Department of Social and Preventive medicine, Université de Montréal.
- 1993-1995 Postdoctoral Fellow, Institute of Health Promotion Research, Faculty of Graduate Studies, The University of British Columbia.
- 1991-1993 Research Associate, Community Health Department, Montreal General Hospital.
- 1986-1987 Research Associate, Conseil de la santé et des services sociaux de la Côte-Nord.

PUBLICATIONS (Last five years; *student publications)

PEER-REVIEWED PUBLICATIONS (PUBLISHED/ACCEPTED)

- *Journault AA, Richard L, Aenishaenslin C (2021) In response to “Patient Lyme Disease websites prioritize science; public health websites prioritize consistent messaging”. *Zoonoses and Public Health*. <https://doi.org/10.1111/zph.12795>
- Richard L, Aenishaenslin C, Zinszer K (2021) Zoonoses and social determinants of health: A consultation of Canadian experts. *One Health*. <https://doi.org/10.1016/j.onehlt.2020.100199>
- *Journault AA, Richard L, Aenishaenslin C (2020) Lyme Disease prevention: A content analysis of Canadian patient group and government websites. *Zoonoses and Public Health*, 67, 177-185. DOI: 10.1111/zph.12669.
- *Lorthios-Guillement A, Filiatrault J, Richard L (2019) What are the factors associated with the implementation of a peer-led health promotion programs? Insights from a multiple-case study. *Health Education Research*, 34(6), 578-591.
- Richard L, Beaudet N, Chiocchio F, Fortin-Pellerin L (2019) Apprentissage organisationnel en promotion de la santé : une expérience québécoise. *Santé publique*, 31, 357-365
- Defo BK, Mbanya JC, Tardif JC, Perreault S, Choukem SM, Kingue S, Ekundayo O, D’Antono B, Emami E, Fournier P, Potvin L, Aubin MJ, Côté R, Mampuya WMM, Khairy P, Mbanya D, Richard L et al. (2019) Blood pressure and burden of hypertension in Cameroon, a microcosm of Africa: A systematic review and meta-analysis of population-based studies. *Journal of Hypertension*, 37(11), 2190-2199.
- *Lorthios-Guillement A, Filiatrault J, Richard L (2019) Implanter un programme de promotion de la santé des aînés animé par des pairs : l’exemple du programme Vivre en équilibre. *Pluriâges*, 9(1), 44-49.
- Filiatrault J, Lorthios-Guillement A, DeBroux-Leduc R, Richard L (2019) Vivre en équilibre : un programme novateur pour des aînés préoccupés par les chutes. *Pluriâge*, 9(1), 39-43.
- *Lorthios-Guillement A, Filiatrault J, Richard L. (2019). Implementation of a peer-led fall prevention program targeting fear of falling among seniors. *Journal of Applied Gerontology*. <https://doi.org/10.1177%2F0733464819850083>
- *Muyulu N, Richard L, & Da Silva R (2019). Perceptions et croyances en matière d’hygiène des mains chez les infirmières de deux hôpitaux de Kinshasa. *Tempus, Actas de saude colet, Brasilia*, 13(2), 9-21.
- Brondeel R, Wasfi R, Perchoux C, Chaix B, Gerber P, Gauvin L, Richard L, Gaudreau, P, Thierry B, Chevrier M, Hoj S, Kestens Y (2019) Is older adults’ physical activity during transport compensated during other activities? Comparing four study cohorts using GPS and accelerometer data. *Journal of Transport & Health*, 12, 229-236.
- Richard L, Chiocchio F, Morales Hudon A, Fortin-Pellerin L, Litvak E, Beaudet N (2018) Organizational Knowledge Creation in the Context of a Professional Development Program: Mixed-Methods Longitudinal Results From the ALPS Study. *Pedagogy in Health Promotion*, 4(2), 151-161. DOI: 10.1177/2373379917697067.

PEER-REVIEWED PUBLICATIONS (PUBLISHED/ACCEPTED) (CON'T)

- *Lorthios-Guilledroit A, Richard L, Filiatrault J (2018). Factors associated with the implementation of community-based peer-led health promotion programs: a scoping review. *Evaluation and Program Planning*, 68, 19-33. doi:10.1016/j.evalprogplan.2018.01.00
- Defo BK, Mbanya JC, Tardif JC, Olugbemiga E, Perreault S, Potvin L, Côté R, Kengne AP, Choukem SP, Assah F, Kingue S, Richard L et al. (2017) Diagnosis, prevalence, awareness, treatment, prevalence and control of hypertension in Cameroon : Protocol for a systematic review and meta-analysis of clinic-based and community-based studies. *JMIR Research Protocols*, 6 (5): e102. DOI: 10.2196/resprot.7807.
- *Torres S, Richard L, Guichard A, Chiocchio F, Litvak E, Beaudet N (2017) Professional development programs in health promotion: Tools and processes to favour new practices *Health Promotion International*, 32(3), 587-598. doi: 10.1093/heapro/dav097
- Filiatrault, J., Parisien, M., Desrosiers, J., Lorthios-Guilledroit, A., Gauvin, L., & Richard, L. (2017). Vivre en Équilibre - Un nouveau programme de groupe ciblant la peur de tomber et ses conséquences sur la participation sociale, la santé et la qualité de vie des aînés. *Actualités ergothérapeutiques*, 19(4), 30.
- Filiatrault, J., Parisien, M., Desrosiers, J., Lorthios-Guilledroit, A., Gauvin, L., & Richard, L. (2017). Vivre en Équilibre (Living in Balance) - A new group program targeting fear of falling and its consequences on older adults' social participation, health and quality of life. *OT Now*, 19(4), 30 (traduction de l'article précédent).
- Richard L, Fortin-Pelletier L, Chiocchio F, Litvak E, Champagne F, Beaudet N (2016). Création de connaissances organisationnelles à la suite d'une intervention de développement professionnel en Centre de santé et de services sociaux : une évaluation des Laboratoires de promotion de la santé. *Revue canadienne d'évaluation de programme*, 31 (2), 184-210.
- *Tremblay MC, Richard L, Brousselle A, Chiocchio F, Beaudet N (2016) Collaborative learning processes in the context of a public health professional development program: A case study. *Studies in Continuing Education*. DOI: 10.1080/0158037X.2016.1261823.
- Kestens Y, Chaix B, Gerber P, Desprès M, Gauvin L, Klein O, Klein S, Köppen B, Lord S, Naud A, Payette H, Richard L, Rondier P, Shareck M, Sueur C, Thierry B, Vallée J (2016): Understanding the role of contrasting urban contexts in healthy aging: An international cohort study using wearable sensor devices (The CURHA study protocol). *BMC Geriatrics*, 16:96 DOI 10.1186/s12877-016-0273-7.
- *Mercille G, Richard L, Gauvin L, Kestens Y, Shatenstein B, Daniel M, Payette H (2016) The food environment and diet quality of urban-dwelling older women and men: Assessing the moderating role of diet knowledge. *Canadian Journal of Public Health*, 107(Suppl. 1): eS34-eS41. doi: 10.17269/CJPH.107.5309
- *Julien D., Gauvin L, Richard L, Kestens Y, Payette, H. (2015). Associations between Walking and Depressive Symptoms among Older Adults: Do Purposes and Amounts of Walking Matter? Results from the VoisiNuAge Study. *Mental Health and Physical Activity*, 8, 37-43. doi:10.1016/j.mhpa.2015.02.001

- *Lorthios-Guillement A, Filiatrault J, Parisien M, Richard L, Vérité-Aubry C (2015). L'éducation par les pairs pour promouvoir la santé des aînés. *Revue francophone de gériatrie et de gérontologie*, 22(214): 528-534.

PEER-REVIEWED PUBLICATIONS (PUBLISHED/ACCEPTED) (CON'T)

- Shatenstein B, Gauvin L, Keller H, Richard L, Gaudreau P, Giroux F, Jabbour M, Morais J, Payette H (2015) Individual and collective factors predicting change in diet quality over 3 years in a subset of older men and women from the NuAge cohort. *European Journal of Nutrition*, DOI 10.1007/s00394-015-0986-y
- Richard L, Torres S, Chiochio F, Litvak E, Fortin-Pellerin L, Beaudet N (2015) An analysis of the adaptability of a professional development program in public health: Results from the ALPS Study. *BMC Health Services Research*. 15: 233. DOI 10.1186/s12913-015-0903-
- Levasseur M., Cohen AA., Dubois MF, Généreux M, Richard L, Therrien FH, Payette H. (2015). Environmental factors associated with social participation of older adults living in metropolitan, urban and rural areas: The NuAge study. *American Journal of Public Health*, e1-e8.
- *Julien D, Richard L, Gauvin L, Fournier M, Kestens Y, Shatenstein B, Daniel M, Mercille G, Payette H (2015) Transit Use and Walking as Potential Mediators of Associations between Accessibility to Services and Amenities and Social Participation among Urban-Dwelling Older Adults: Insights from the VoisiNuAge Study. *Journal of Transport and Health*, 2, 35-43.

BOOK CHAPTERS (SELECTION)

- Richard L, Filiatrault J (2021) Theories and conceptual models in health promotion: Key landmarks on the roadmap to optimal practice and research with older adults (pp. 41-55). In I Rootman, P Edwards, M Levasseur & F Grunberg (Eds.), *Promoting the Health of Older Adults: The Canadian Experience*. Toronto: Canadian Scholars' Press.
- Richard L, Gauvin L (2017) Building and implementing health promotion interventions (pp. 84-99). In Irving Rootman, Ann Pedersen, Katherine Frohlich and S Dupéré (Eds.), *Health Promotion in Canada* (4th edition). Toronto: Canadian Scholars' Press and Women's Press.